

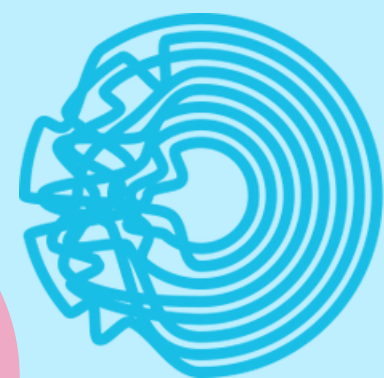
PRIMARY SCHOOL

**DIRECTORY OF ONLINE RESOURCES AND TRAINING
FOR TEACHERS:**

ANTI-BULLYING AND CYBER SAFETY

ROSEMARY DUFFY, PRIMARY SCHOOLS' HEALTH
PROMOTION OFFICER

ANNA CUNNINGHAM, STUDENT HEALTH
PROMOTION OFFICER



MAYO
**Mental Health
Association**



***NOT AN EXHAUSTIVE LIST**



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**CYBERBULLYING IN PRIMARY SCHOOLS
TRAINING – OIDE**



ANTI-BULLYING AND CYBERBULLYING RESOURCES



Publication

Resources for Primary Schools

From [Department of Education](#)

Published on 27 June 2024

Last updated on 25 November 2024

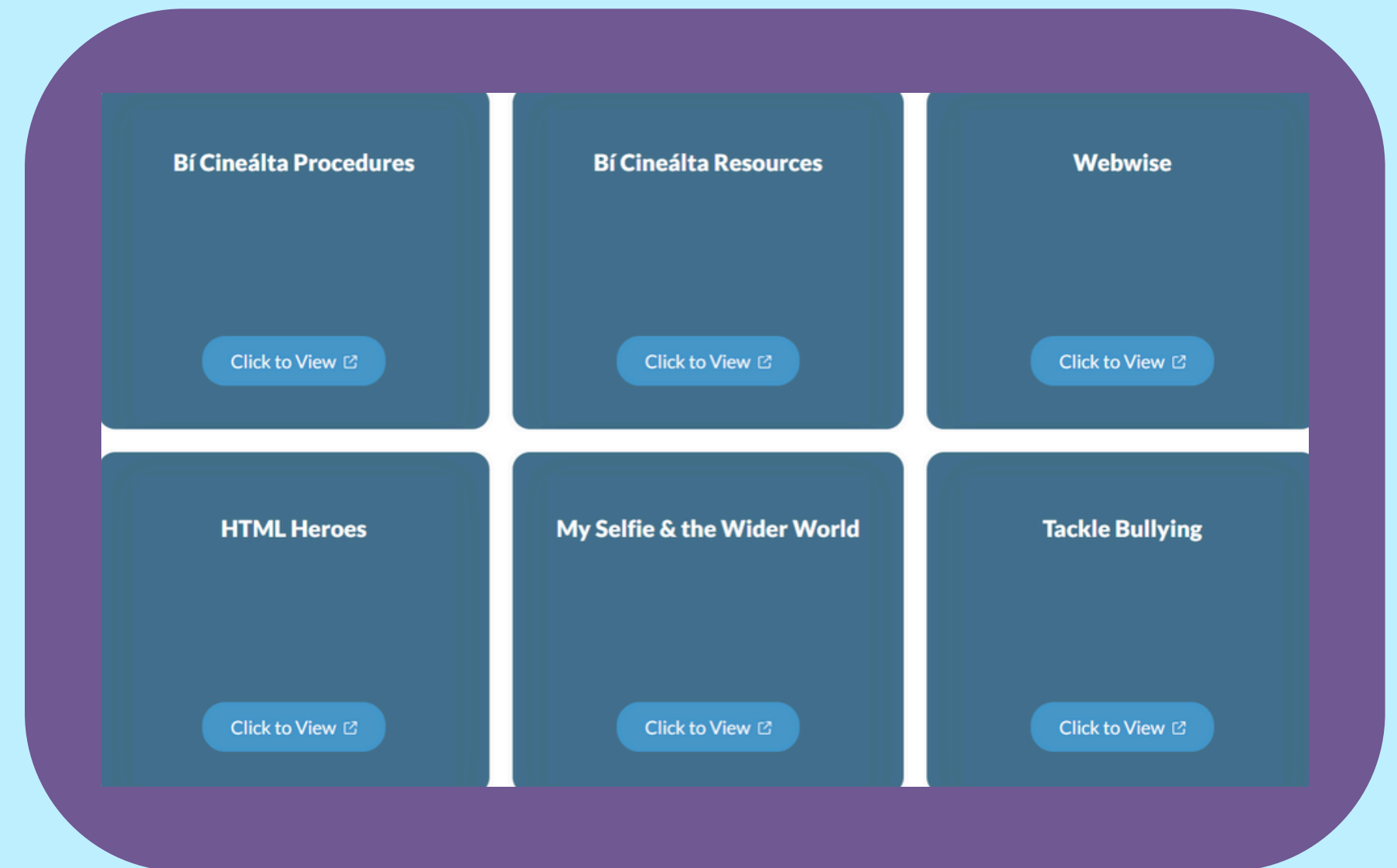
1. [Curriculum and Wellbeing](#)
2. [Cyberbullying and Online Safety](#)
3. [Homophobic and Transphobic Bullying Behaviour](#)
4. [Racist Bullying Behaviour](#)
5. [Restorative Approach to Bullying for Educators](#)
6. [National Educational Psychological Services \(NEPS\)](#)
7. [Tusla](#)
8. [Other Resources](#)

- Includes links to resources and training.
- Including cyberbullying, racism, homophobic and transphobic bullying.

BÍ CINEÁLTA RESOURCES



- This section will contain resources which can be used to support the prevention and addressing of bullying behaviour.
- Links to many useful websites such as Fuse.ie and 'HTML Heroes'.



RESTORATIVE PRACTICE (RP)

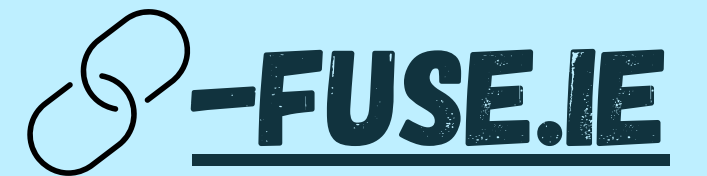


Restorative Questions to Address Harm

- What happened?
- What were you thinking of at the time?
- What have you thought about it since?
- Who has been affected and in what way?
- How could things have been done differently?
- What do you think needs to happen next?

- Information and resources for teaching RP.
- RP is based primarily on a set of core values and the explicit promotion and enhancement of particular skills such as the ability to empathise and to find solutions to specific problems.

FUSE ANTI-BULLYING LESSONS





- Developed by DCU Anti-Bullying Centre.
- Ireland's only research-based anti-bullying and online safety programme for primary and post-primary schools.
- Consists of a suite of lessons and accompanying resources facilitated by teachers in a classroom setting.

SHIELD ANTI-BULLYING PROGRAMME

 **ISPCC**

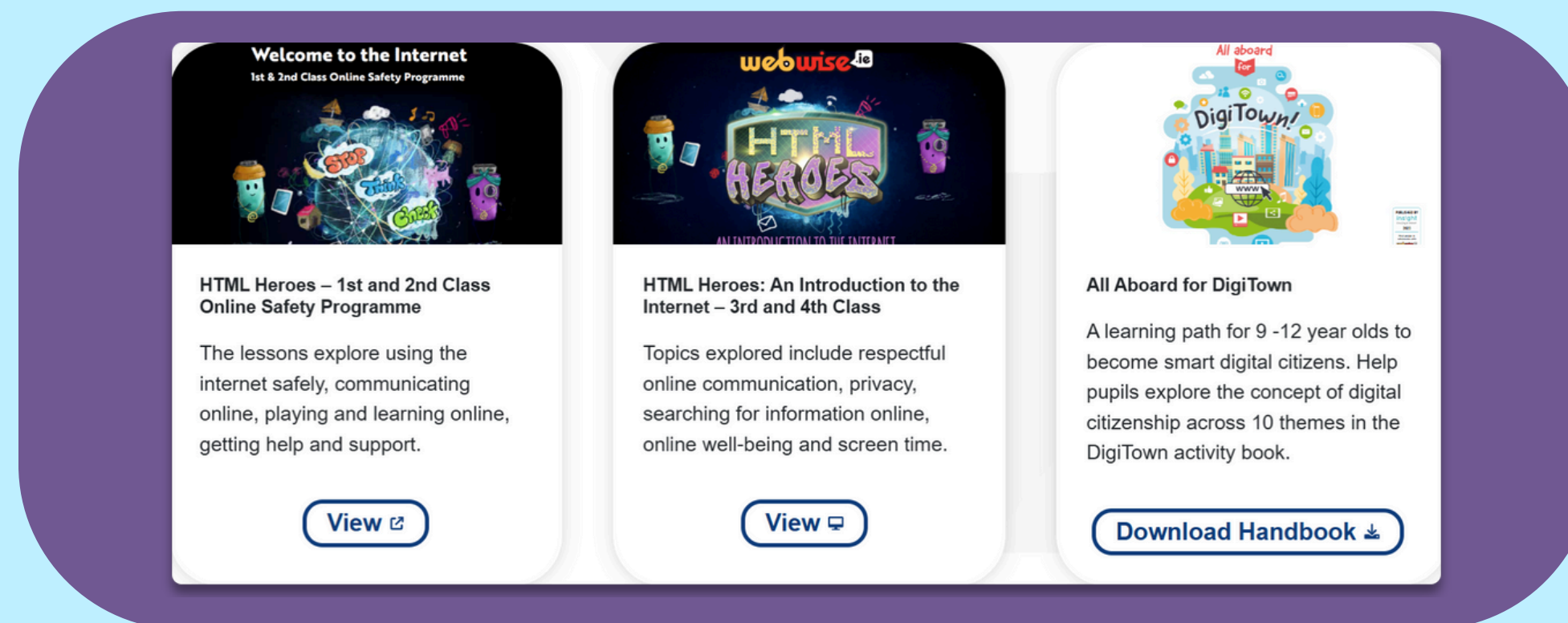


- An evidence-informed resource that supports your organisation to gauge its effectiveness in relation to bullying.
- Organisations are encouraged to work through the Shield Self-Evaluation Tool  and to receive upon review and support by ISPCC Shield Status  for their organisation.

WEBWISE RESOURCES



- Free resources.
- 'HTML Heroes' (1st & 2nd class; 3rd & 4th class)
- 'All Aboard for DigiTown' (Digital Citizenship for 9–12 year olds).
- 'My Selfie and the Wider World' (5th & 6th class).



DIGITAL WELLBEING LESSONS



- Research-based lessons to support social-emotional learning and digital wellbeing.
- Build agency, reduce anxious thoughts, and increase tech-related mindfulness.
- 6 lessons for primary (elementary) school (one lesson per class).
- Additional middle-school lessons may be suitable for 6th class.

Pause for People

How do you say goodbye to technology when you don't want to?

GRADE

K

TIME

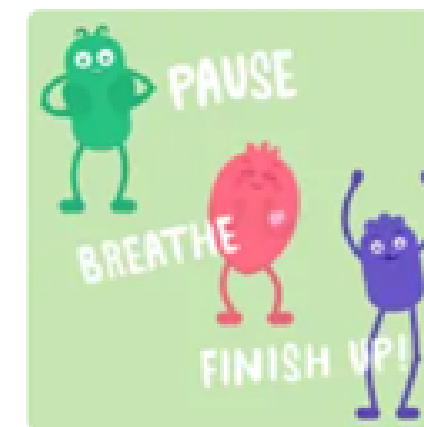
30 mins.

INCLUDES

Media Creation

Song

Video



BE INTERNET LEGENDS – EDUCATORS

 **-BE INTERNET LEGENDS**

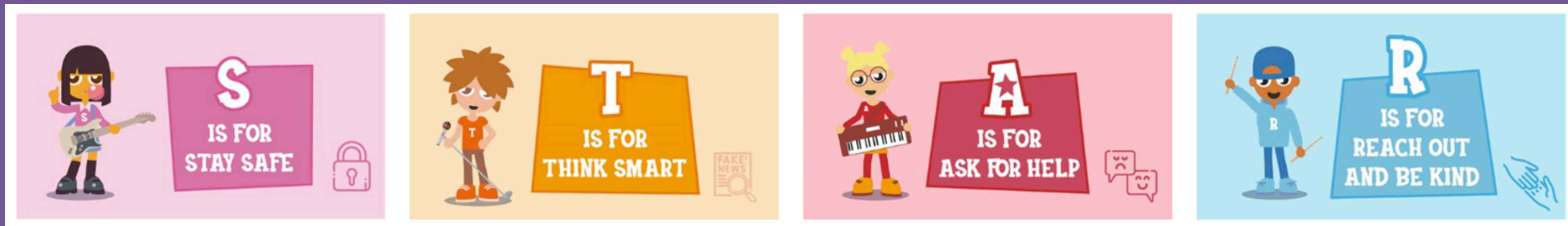
- Digital Safety Resources.
- Includes online game, Interland, which aims to make learning about digital safety and citizenship interactive and fun.
- Scheme of work for teachers including lesson plans, activities and worksheets. Freely available to download.



BARNARDOS ONLINE SAFETY PROGRAMME FOR SCHOOLS



- Lessons for 3rd-6th class.
- Powerpoint presentations, worksheets and videos freely available to download.



CYBERSAFE KIDS



- An Irish charity committed to equipping children with the skills and knowledge to navigate the online world with confidence, resilience, and safety.
- Talks for 3rd-6th class (fee applies).
- Covering topics: Managing Digital Footprint, Social Media and Gaming, Misinformation, Cyberbullying and more.
- Talks for teachers also available.



Session	Duration	In-Person	Webinar
4 Classes	40 mins x 4	€410	€315
3 Classes	40 mins x 3	€340	€265
2 Classes	40 mins x 2	€265	€199
1 Class	40 mins	€200	€150
Adults	60 mins	€295	€220

ACCEPTABLE USE POLICY GENERATOR



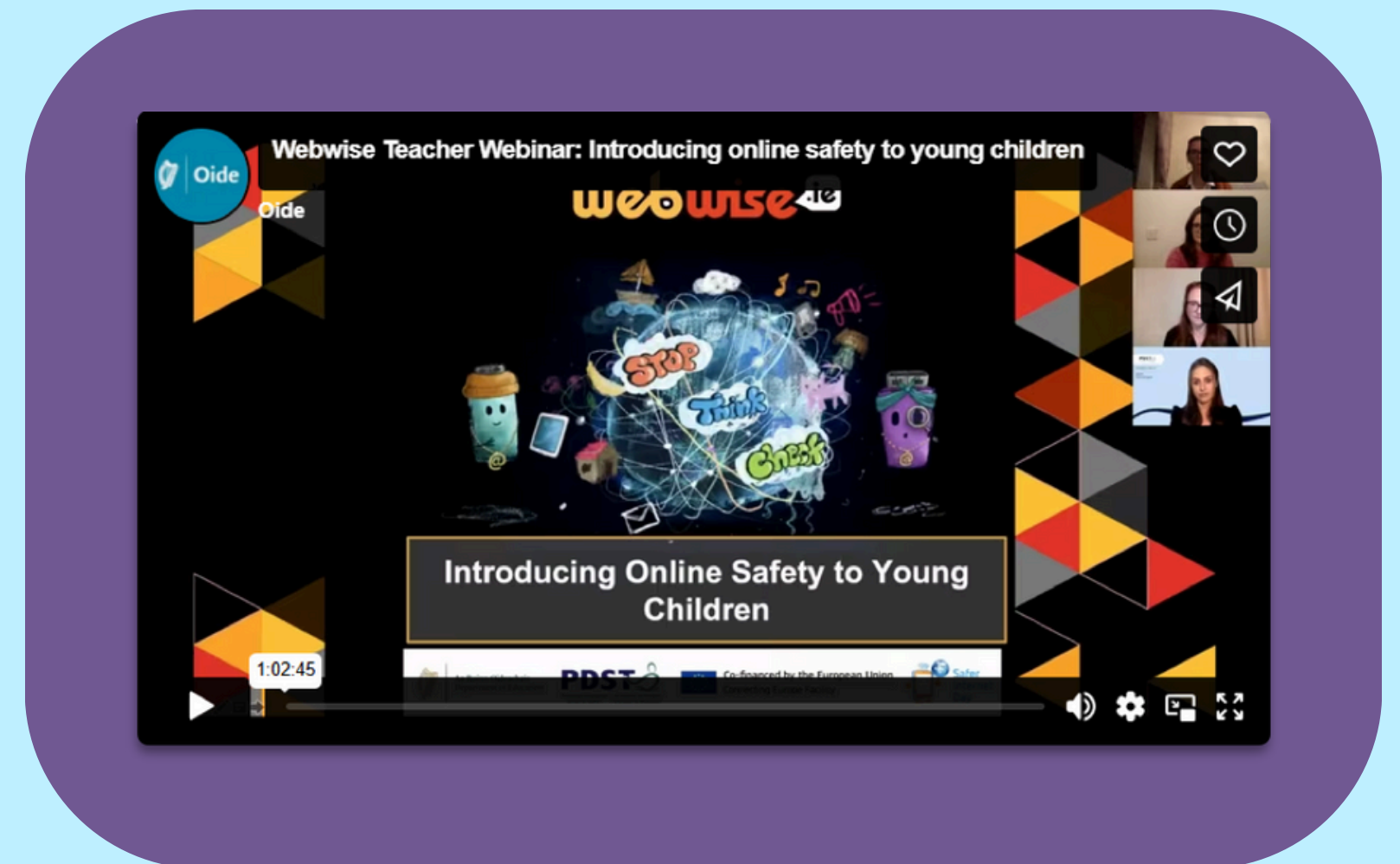
- For principals/school management.
- Developing your school acceptable use policy.
- Including an AUP template for schools, sample policies and a tool to generate school specific policy.



INTRODUCING ONLINE SAFETY TO YOUNG CHILDREN WEBINAR



- Suitable for teachers of 1st & 2nd class.
- How best to introduce younger pupils to the first steps of accessing and using the internet in a safe and responsible manner.
- Including links to resources mentioned in the webinar.



CYBERBULLYING IN PRIMARY SCHOOLS: UNDERSTANDING, PREVENTING AND RESPONDING



Course Details

+ AVAILABILITY

Open Now, Term time

+ DATES AVAILABLE

21-06-24 to 20-06-25

+ TARGET AUDIENCE

All primary teachers and school leaders

+ SECTOR

Primary

+ STUDY TIME

2 hours

+ PLACES

Unlimited

- **Dates available:** 21-06-2024 to 20-06-2025.
- **Study time:** 2 hours.
- **Target audience:** All primary teachers and school leaders.
- To provide you with the knowledge, resources and confidence to teach about cyberbullying and deal with cyberbullying incidents as they arise.



MAYO

Mental Health Association



Follow us on
mayomha.ie



Rosemary Duffy

Primary Schools' Health Promotion Officer

rosemary@mayomha.ie

**Information
Centre**

**Schools
Education
Programme**

**Social
Housing**

**Health
Promotion**
(Community)

Bohernasup, Ballina, F26 Y4E0

T: 096 71492 E: admin@mayomha.ie

2 New Antrim Street, Castlebar, F23 KN20

T: 094 90 38148 E: admin@mayomha.ie